

# Allergy Treatment Plan

**STUDENT:** \_\_\_\_\_ School: \_\_\_\_\_ Grade/Class: \_\_\_\_\_

Address: \_\_\_\_\_ Birthday: \_\_\_\_\_

**Allergy to :** \_\_\_\_\_ if exposed by being stung, ingesting, inhaling, skin contact  
Asthmatic yes\* or no (\* higher risk for severe reaction) (Circle above as indicated) Wash w soap & water if exposed

**Epinephrine medication:** (Circle appropriate) EpiPen EpiPen Junior Twinject 0.3 mg Twinject 0.15 mg  
Give by injection

**Antihistamine:** Benadryl / Diphenhydramine \_\_\_\_\_ mg, Other \_\_\_\_\_  
Give orally Give \_\_\_\_\_

## Treat as indicated below

|  |   |               |                            |
|--|---|---------------|----------------------------|
| If exposed, but no symptoms                                      |   | Antihistamine | Epinephrine/call 911 _____ |
| Mouth  | Itching, tingling                                   | Antihistamine | Epinephrine/call 911 _____ |
| Skin   | Hives, itchy rash, swelling (except as below)       | Antihistamine | Epinephrine/call 911 _____ |
| Swelling   | Swelling of lips, tongue, mouth or face             | Antihistamine | Epinephrine/call 911 _____ |
| Gut  | Nausea, abdominal cramps, vomiting, diarrhea        | Antihistamine | Epinephrine/call 911 _____ |
| Throat **  | Tightness of throat, hoarseness, hacking cough      | Antihistamine | Epinephrine/call 911 _____ |
| Lung **  | Shortness of breath, repetitive coughing, wheezing  | Antihistamine | Epinephrine/call 911 _____ |
| Heart **   | Fainting, pale, blue, weak or thready pulse, low BP | Antihistamine | Epinephrine/call 911 _____ |
| Other **   | _____   | Antihistamine | Epinephrine/call 911 _____ |
| If reaction is getting worse or several above areas are effected |   | Antihistamine | Epinephrine/call 911 _____ |

\*\* Potentially Life-threatening. Severity of symptoms can change quickly.

Any additional directions: \_\_\_\_\_

## **PARENT/GUARDIAN CONSENT:**

- ❖ This student is capable of self-administration and may carry medication & self-administer in school. Yes \_\_\_\_\_ No \_\_\_\_\_
- ❖ I request and authorize that this medication be administered at school by school personnel.
- ❖ I will supply medication in its original, updated, properly labeled container. (Request extra bottle from pharmacist.)
- ❖ This order is in effect for this school year unless otherwise indicated.
- ❖ I will obtain a new physician's order and notify the school in writing for any changes.
- ❖ I authorize school personnel to exchange information verbally or in writing with my child's physician regarding this medication or the conditions for which it is prescribed.
- ❖ I further understand that parent/guardian/responsible adult should deliver all medication to the school.
- ❖ I give my permission to have my child's photo displayed on this form.
- ❖ I understand that non-medically trained school personnel will give medication.
- ❖ I agree to hold the School District, its employees and agents who are acting within the scope of their duties harmless in any and all claims arising from the administration of this medication at school.
- ❖ My signature indicates that I have fully read and understand the above information.

Signature of Parent/Legal Guardian \_\_\_\_\_

Telephone Home \_\_\_\_\_

Business Phone \_\_\_\_\_

Date \_\_\_\_\_

**PHYSICIAN ORDER:** The above medication/procedure is to be administered/performed during the school day in accordance with the above instructions and agreements. I agree to accept communication about student/medication/procedure and understand medication will be given by non-medically trained school personnel.

Please contact me if the following symptoms occur: \_\_\_\_\_

Student & parent/guardian have been instructed and student may carry medication & **self-administer** in school. Yes \_\_\_\_\_ No \_\_\_\_\_

Physician Name: \_\_\_\_\_ Clinic: \_\_\_\_\_ Fax #: \_\_\_\_\_

Address: \_\_\_\_\_ Phone #: \_\_\_\_\_

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_