

Elmwood School Breakfast and Lunch Menus

September 2011

Mon	Tue	Wed	Thu	Fri
<p><u>NEW</u> Prices: Breakfast: \$1.25 (K-12) Lunch: \$1.95 (K-5) \$2.25 (6-12) Reduced: \$.40 Milk: \$.35</p>	<p><u>Served with each meal:</u> 1% white milk Chocolate skim milk White wheat bread Fresh fruit-breakfast daily</p>		<p>1 French Toast, Sausage, Cereal, (Choose 1 K-5, choose 2 6-12)<u>Toast, Fruit, Juice, Milk</u> Sub Sandwich, Chips/Salsa Peas & Carrots Fresh Fruit</p>	<p>2 Cinnamon Roll or Cereal, <u>Fruit, Toast, Juice, Milk</u> Chicken Teriyaki in taco shell Lettuce, tomato, s. cream Corn Peaches</p>
<p>5 Labor Day No School</p>	<p>6 Bagel or Cereal, Fruit, <u>Juice, Milk</u> Hot Dog/bun, relish, onions Oven Fries Caesar Salad Pears</p>	<p>7 Waffle/syrup-(K-5-1)(6-12-2) or Cereal, Milk, Juice, <u>Strawberries</u> B.B.Q./bun, Baked Potato, s. cream, cheese, Creamy Cukes, Fruit Mix, Jello Cake</p>	<p>8 Pancakes/syrup, or Cereal, <u>Fruit, Juice, Milk</u> Tacos w/the works Green Beans Applesauce</p>	<p>9 Cinnamon Roll or Cereal, <u>Fruit, Toast, Juice, Milk</u> Hamb.-Mac.-Tomato Casse- role, Assorted Breads Graham Cracker Cookie Orange</p>
<p>12 Sausage Gravy over B.P. Biscuit or Cereal, Toast, Juice, <u>Fruit, Milk</u> Pizza or Ravioli, Lettuce Salad Pineapple Tidbits Rice w/cinnamon and sugar</p>	<p>13 Bagel or Cereal, Fruit, <u>Juice, Milk</u> Chicken Patty/bun Cheesie Potatoes Peas Fruit Salad</p>	<p>14 Fr. Toast (K-5-1—6-12-2) <u>Or Cereal, Milk, Fruit, Juice, Milk</u> Spaghetti w/meat sauce Garlic Toast Creamy Cukes Peaches</p>	<p>15 Scrambled Eggs, Hash Browns, Toast, (Choose 2), <u>Fruit, Juice, Milk</u> Ham Slice, Scalloped Potatoes Corn Fruit Mix, Cookie</p>	<p>16 Cinnamon Roll or Cereal, <u>Fruit, Toast, Juice, Milk</u> Taco Casserole Broccoli/Caulif. w/cheese Applesauce</p>
<p>19 Sausage Gravy over B.P. Biscuit or Cereal, Toast, Juice, <u>Fruit, Milk</u> Smoked Sausage w/Creamy Potatoes, BLT Salad Melon Mix</p>	<p>20 Bagel or Cereal, Fruit, <u>Juice, Milk</u> Diced Chicken Gravy/Mashed Potatoes Peas & Carrots Pears</p>	<p>21 Sausage/Egg/Cheese on Biscuit or Cereal, Toast, Fruit, <u>Juice, Milk</u> Nachos s/Gr. Beef & Cheese Fresh Veggies/Dip Peaches</p>	<p>22 Blueberry Muffin, Cereal, Toast (Choose 2), Fruit, <u>Juice, Milk</u> Lasagna Caesar Salad, Corn Strawberries w/pudding</p>	<p>23 Cinnamon Roll or Cereal, <u>Fruit, Toast, Juice, Milk</u> Fish on Bun Hash Brown Coleslaw Pineapple/Orange Mix</p>
<p>26 Sausage Gravy over B.P. Biscuit or Cereal, Toast, Juice, <u>Fruit, Milk</u> Tacos w/the works Green Beans Pears</p>	<p>27 Bagel or Cereal, Fruit, <u>Juice, Milk</u> Corn Dog Oven Fries, Baked Beans Creamy Cukes Cookie</p>	<p>28 Breakfast Pizza, Cereal, Toast (Choose 2), Fruit, Juice, <u>Milk</u> Homemade Chicken Veg.- Dumpling Soup, Veggies/Dip Cheese Plate, Applesauce</p>	<p>29 Pancakes/syrup, Saus. Links, Cereal (Choose 2), Fruit, Juice, <u>Milk</u> Chicken Nuggets Mashed Potatoes Rotini-Veg. Salad Peach & Apple Cobbler</p>	<p>30 Cinnamon Roll or Cereal, <u>Fruit, Toast, Juice, Milk</u> Cheeseburger/bun, Pickles Tator Rounds Peaches Strawberry Milk</p>

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October 2011

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<p>3 Sausage Gravy/Biscuit Or <u>Cereal, Toast, Fruit, Juice, Milk</u> Italian Dunkers w/pizza sauce Caesar Salad Peaches</p>	<p>4 Bagel, Cereal, Fruit, Juice, <u>Milk</u> Hot Dog (K-5) Footlong Hot Dog (6-12) Oven Fries, Baked Beans Cake</p>	<p>5 Waffle (K-5-1, 6-12-2) Or <u>Cereal, Milk, Juice, Strawberries</u> Chili w/Crackers & Cheese Meat Tray Lettuce Salad Fruit Mix</p>	<p>6 Pancake/Sausage on Stick <u>Or Cereal, Toast, Juice, Milk</u> Pizza OR Ravioli Corn Apple, Orange, or Pineapple</p>	<p>7 Cinnamon Roll Or Cereal, <u>Fruit, Toast, Juice, Milk</u> B.B.Q. on Bun Baked Potato w/s. cream Carrots Applesauce</p>
<p>10 Sausage Gravy/Biscuit Or <u>Cereal, Toast, Fruit, Juice, Milk</u> NO LUNCH Early Dismissal Parent-Teacher Conferences: 11:00 a.m.-7:00 p.m.</p>	<p>11 Bagel, Cereal, Fruit, <u>Juice, Milk</u> Chicken Patty Mashed Potatoes Creamy Cukes Pineapple Tidbits</p>	<p>12 Sausage/Egg/Cheese on <u>Biscuit Or Cereal, Fruit, Toast</u> <u>Juice, Milk</u> Hot Beef on Bun Chips & Salsa, Peas & Carrots Cookie</p>	<p>13 Oatmeal, Toast, Cereal <u>(Choose 2) Fruit, Juice, Milk</u> Tator Tot Bake Corn Peaches</p>	<p>14 No School Teacher Inservice</p>
<p>17 Sausage Gravy/Biscuit Or <u>Cereal, Toast, Fruit, Juice, Milk</u> Chicken Nuggets Brocc./Cauliflower/Cheese Garlic Toast Applesauce</p>	<p>18 Bagel, Cereal, Fruit, <u>Juice, Milk</u> Chicken Chow Mein Rice & Noodles Lettuce Salad Pineapple/Orange Mix</p>	<p>19 Omelet, Toast or Cereal <u>(Choose 2) Fruit, Juice, Milk</u> Brats on Bun, Sauerkraut Mashed Potatoes Corn Rice Krispie Bar</p>	<p>20 Strudel Stick Or Cereal, <u>Toast, Fruit, Juice, Milk</u> Tacos w/the works Green Beans Italian Salad Pears</p>	<p>21 Cinnamon Roll Or Cereal, <u>Fruit, Toast, Juice, Milk</u> Nachos w/Gr. Beef, Cheese 7 Layer Salad Peas & Carrots Fruit Mix</p>
<p>24 Sausage Gravy/Biscuit Or <u>Cereal, Toast, Fruit, Juice, Milk</u> Sliced Ham Cheesie Potatoes Peas & Carrots Pineapple, Applesauce</p>	<p>25 Bagel, Cereal, Fruit, <u>Juice, Milk</u> Breakfast Brunch: Fr. Toast/syrup, Sausage Hash Brown Fresh Fruit</p>	<p>26 Pancake/syrup, Ham, Fruit <u>Cereal (Choose 2), Juice, Milk</u> Supreme Pizza Casserole Corn Assorted Breads Caramel Apple Slices</p>	<p>27 Scrambled Eggs, Cereal, <u>Toast (Choose 2) Fruit, Juice, Milk</u> Corn Dog Creamy Cukes Scalloped Potatoes Baked Beans, Pears</p>	<p>28 Cinnamon Roll Or Cereal, <u>Fruit, Toast, Juice, Milk</u> Beef Taco Melt on Bun Parslied Potatoes Peaches Strawberry Milk</p>
<p>31 Sausage Gravy/Biscuit Or <u>Cereal, Toast, Fruit, Juice, Milk</u> Chicken/Stuffing Casserole Caesar Salad Pumpkin Bars</p>			<p><u>Served with each meal:</u> 1 % white milk Chocolate Skim Milk White Wheat Bread Fresh Fruit-breakfast daily</p>	<p><u>NEW Prices:</u> <u>Breakfast:</u> \$1.25 (K-12) <u>Lunch:</u> \$1.95 (K-5) \$2.25 (6-12) <u>Milk:</u> \$.35</p>